

Community Prayers

for The Religious of The Congregation
of The Resurrection of Our Lord Jesus Christ



Tanzania
2016

Our Holy Patrons



St. Joseph, pray for us!

St. Cajetan, intercede for us!

MORNING PRAYERS

L: In the Name of the Father and of the Son and of the Holy Spirit.

A: Amen.

Or, if prayed with The Liturgy of the Hours:

L: Lord, open my lips.

A: And my mouth will proclaim your praise.

L: Let us place ourselves in the presence of God and adore Him profoundly. *(Pause)*.

Or:

L: Let us place ourselves in the presence of God our Father, who knows us and always loves us. *(Pause)*

L: Let us thank Him for all the benefits received, especially for those of the past night. *(Pause)*.

Or:

L: Let us thank our Heavenly Father for the grace of Holy Baptism, the gift of religious vocation and all the benefits we constantly receive and ask Him to bless this whole day. *(Pause) (Our Father follows)*

L: Let us offer Him all our thoughts, words, and actions of this day, and ask Him to bless them. *(Pause)*.

L: Let us foresee the occasions of sin and beg Him to deliver us from them. *(Pause)*.

LA: Our Father who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

LA: Hail Mary, full of grace, the Lord is with you; blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy

Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

LA: I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Act Of Faith

A: My Lord and God! I most firmly believe all that you have revealed and all that your holy Church believes and teaches, because you, who are infallible Truth, have revealed these truths and commanded that they be believed. Amen

Act Of Hope.

A: My Lord and God! Because you are almighty, infinitely good and merciful, I hope that by the merits of the passion and death of Jesus Christ, our Savior, you will grant me eternal life, which you have promised to all who do the works of a good Christian, as I intend to do by your help. Amen.

Act Of Love.

A: My Lord and God! Because you are the highest and most perfect good, I love you with my whole heart, and above all things; and rather than offend you, I am ready to lose everything else; and for the sake of your love, I love and desire to love my neighbor as myself. Amen.

L: Vouchsafe, O Lord, this day:

A: To keep us without sin.

L: Have mercy on us, O Lord:

A: Have mercy on us.

L: Let your mercy, O Lord, be upon us:

A: As we have hoped in you.

L: Lord, hear my prayer;

A: Let my cry come to you

L: Let us pray: Lord God Almighty, You has brought us safely to the beginning of this day. Defend us today by Your mighty power, that we may not fall into any sin, but that all our words may so proceed and all our thoughts and actions be so directed, as to be always just in Your sight. Through Christ our Lord.

A: Amen.

LA: Angel of God, my guardian dear, To whom God's love commits me here, Ever this day be at my side, To light and guard, to rule and guide! Amen.

L: Hail Holy Queen, Mother of mercy, hail our life, our sweetness and our hope. To you do we cry, poor banished children of Eve; to you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious advocate, your eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of your womb, Jesus, O clement, O loving, O sweet Virgin Mary.

L: Allow me to praise you, holy Virgin.

A: Give me strength against your enemies.

L: The Almighty Lord order our day and deeds in his peace.

A: Amen.

L: To the Risen Christ, who has called us to his religious community we pray with confidence:

A: O Risen Lord, the way, the truth and the life, make us faithful followers of the spirit of your resurrection. Grant that we may be

inwardly renewed; dying to ourselves in order that you may live in us. May our lives serve as signs of the transforming power of your love. Use us as your instruments for the renewal of society, bringing your life and love to all and leading them to your Church. This we ask of you, Lord Jesus, living and reigning with the Father, in the unity of the Holy Spirit, God forever. Amen

MEDITATION

L: At the beginning of our meditation, let us humble ourselves before the Majesty of God, aware of our nothingness, misery, and corruption. (*Pause*).

L: Let us beg the Holy Spirit to grant us light to discover our sins and grace to conceive a true contrition for them. (*Pause*).

Act Of Contrition. (*For other penitential acts look pp. 12-14*)

A: My Lord and God! I am heartily sorry for having offended you, and I detest all my sins because they offend you, my God, Who are all good and deserving of all my love. I firmly resolve, with the help of your grace, to confess my sins, to do good, avoid evil, and to amend my life. Amen.

L: Let us consider our inability to meditate without the grace of God and let us beg the Holy Spirit to grant us this grace in abundance:

A: Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love.

L: Send forth your Spirit and they shall be created.

A: And You shall renew the face of the earth.

L: Let us pray.

A: O, God, who by the light of the Holy Spirit, have instructed the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations. Through Christ Our Lord. Amen.

***Meditation follows.** Our reflection upon the text should enkindle in our hearts holy sentiments and desires, and lead to concrete, even if small decisions. All this should always be a dialogue of love with Christ: talk to Him; try to see and consider everything with Him; strive to unite your thoughts, your sentiments and your will with His. Be docile to the work of the Holy Spirit.*

After Meditation:

L: Let us take our resolutions and ask God for the grace to accomplish them. *(Pause)*

L: Let us thank God for the enlightenments received during this meditation, and let us beg His pardon for our negligence and distractions. *(Pause)*

L: Let us place our resolutions under the protection of the Blessed Virgin Mary:

A: We take refuge under thy protection, holy Mother of God: Do not despise our prayers in time of necessity: but free us always from all dangers, O blessed and glorious Virgin.

PETITIONS:

L: Let us pray for the Holy Catholic Church and for our Holy Father the Pope. *Hail Mary*

L: For our Country. *Hail Mary*

L: For our Congregation and Father General. *Hail Mary*

L: For our brethren in the Missions. *Hail Mary*

L: For our Bishop. *Hail Mary*

L: For vocations to our Congregation. *Hail Mary*

L: For our parents, relatives, and friends. *Hail Mary*

L: For our benefactors. *Hail Mary*

L: For all in affliction, temptation, and agony. *Hail Mary*

L: For the conversion of sinners. *Hail Mary*

L: For him who will die first among us. *Hail Mary*

L: For those who have recommended themselves to our prayers.

L: For the virtue of Chastity. *Hail Mary* (thrice).

THE ANGELUS

L: Together with the Holy Mother of God let us venerate the mystery of our redemption:

L: The Angel of the Lord declared unto Mary.

A: And she conceived by the Holy Spirit.

LA: *Hail Mary...*

L: Behold the handmaid of the Lord.

A: Be it done unto me according to your word.

LA: *Hail Mary...*

L: And the Word was made Flesh.

A: And dwelt among us.

LA: *Hail Mary...*

L: Pray for us, O holy Mother of God.

A: That we may be made worthy of the promises of Christ.

L: Let us pray:

A: Pour forth, we beseech you, O Lord, your grace into our hearts, that we to whom the Incarnation of Christ your Son was made known by the message of an angel, may by his Passion and Cross be brought to the glory of his Resurrection. Through the same Christ Our Lord.

L: Mother with your Blessed Son,

A: Bless us each and every one.

Or: L: Nos cum prole pia,

A: Benedicat Virgo Maria.

Regina Coeli (During Easter Time)

L: Queen of Heaven, rejoice, alleluia.

A: For He whom you did merit to bear, alleluia.

Has risen, as he said, alleluia.

Pray for us to God, alleluia.

L: Rejoice and be glad, O Virgin Mary, alleluia.

A: For the Lord has truly risen, alleluia.

L: Let us pray

O God, who gave joy to the world through the resurrection of your Son, our Lord Jesus Christ, grant we beseech you, that through the intercession of the Virgin Mary, His Mother, we may obtain the joys of everlasting life. Through the same Christ our Lord. Amen.

LA: *Glory*

L: Mother with your Blessed Son,

A: Bless us each and every one.

Or: L: Nos cum prole pia,

A: Benedicat Virgo Maria.

NIGHT PRAYERS

L: In the Name of the Father and of the Son and of the Holy Spirit.
Amen.

L: Let us place ourselves in the presence of God and adore Him profoundly. *(Pause)*.

L: Let us thank Him for all the benefits received, especially for those of the past day. *(Pause)*.

L: Let us beg the Holy Spirit to grant us light to discover our sins and grace to conceive a true contrition for them. *(Pause)*.

General Examination of Conscience. *This is a time for reflection, in dialogue with the Risen Lord, on the past day. We express our gratitude for His love and His many blessings. We try to see where and how we have failed Him. We recognize our negligence, weakness and infidelity and we ask Him for forgiveness.*

LA: I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

L: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. Amen.

(For additional penitential acts look pp. 12-14)

LA: *Our Father*

LA: *Hail Mary*

Act Of Faith

A: My Lord and God! I most firmly believe all that you have revealed and all that your holy Church believes and teaches, because you,

who are infallible Truth, have revealed these truths and commanded that they be believed. Amen

Act Of Hope.

A: My Lord and God! Because you are almighty, infinitely good and merciful, I hope that by the merits of the passion and death of Jesus Christ, our Savior, you will grant me eternal life, which you have promised to all who do the works of a good Christian, as I intend to do by your help. Amen.

Act Of Love.

A: My Lord and God! Because you are the highest and most perfect good, I love you with my whole heart, and above all things; and rather than offend you, I am ready to lose everything else; and for the sake of your love, I love and desire to love my neighbor as myself. Amen.

L: Vouchsafe, O Lord, this night:

A: To keep us without sin.

L: Have mercy on us, O Lord:

A: Have mercy on us.

L: Let your mercy, O Lord, be upon us:

A: As we have hoped in you.

L: Lord, hear my prayer;

A: Let my cry come to you

L: Let us pray: Lord, we beg you to visit this house and banish from it all the deadly power of the enemy. May your holy Angels dwell here to keep us in peace, and may your blessing be upon us always. We ask this through Christ our Lord. Amen.

LA: Angel of God, my guardian dear, to whom God's love commits me here, ever this night be at my side, to light and guard, to rule and guide. Amen.

LA: We take refuge under thy protection, holy Mother of God: Do not despise our prayers in time of necessity: but free us always from all dangers, O blessed and glorious Virgin.

L: For all the faithful departed, especially for our deceased brothers, relatives and benefactors: (We pray particularly for *NN*, whose anniversary of death occurs tomorrow)

L: Out of the depths I cry to you,
O Lord; Lord, hear my voice!

A: Let your ears be attentive
to the sound of my pleading.

L: If you, O Lord, should mark iniquities,
Lord, who could stand?

A: But with you is found forgiveness;
That you may be revered.

L: I wait for the Lord, my soul waits.
I hope in his word.

A: My soul is intent on the Lord
More than watchmen for daybreak.

L: More than watchmen for daybreak,
Let Israel wait for the Lord.

A: For with the Lord there is merciful love,
In him is plentiful redemption.
It is he who will redeem Israel
From all its iniquities.

L: Eternal rest give to them O Lord.

A: And let perpetual light shine upon them.

L: From the gate of hell.

A: Deliver their souls O Lord.

L: Let them rest in peace.

A: Amen.

L: Hear my prayer, O Lord.

A: And give ear to my cry.

L: Let us pray:

O God, the giver of pardon and lover of human salvation, have mercy on your servants, our brothers, relatives and benefactors, who have departed from this world. May the intercession of the Blessed Mary ever Virgin, and all your Saints assist them in attaining eternal happiness.

May the souls of all the faithful departed, through the mercy of God rest in peace.

A: Amen

L: Let us pray for the necessities of the Congregation:

L: St. Joseph, *pray for us.*

LA: St. Cajetan, *intercede for us.*

L: Let us pray for the beatification of our Funders:

A: O Risen Jesus, you called Bogdan Jański, Peter Semenenko and Jerome Kajsiewicz to proclaim your unconditional love for all people and witness to the Resurrection by dying to self in order to live a new life by the power of your Spirit. Glorify your servants by the way of beatification so that the example of their lives after conversion may bring the hope of Resurrection to all who continue to struggle with sin, error and their own human weakness. Amen

L: Let us prepare ourselves for tomorrow's meditation.

(The summary of tomorrow's meditation follows)

L: May the all-powerful Lord grant us a restful night and a peaceful death. Amen.

Priest (if present):

May the blessing of Almighty God, the Father, and the Son, and the Holy Spirit, come down on us and remain forever. Amen.

MIDDAY PRAYERS

L: Let us ask the Holy Spirit to let us recognize our infidelities and to strengthen us in our vocation.

A: Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love.

L: Send forth your Spirit and they shall be created.

A: And You shall renew the face of the earth.

L: Let us pray.

A: O, God, who by the light of the Holy Spirit, have instructed the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations. Through Christ Our Lord, Amen.

Particular Examination of Conscience. *This is a time for reflection, in dialogue with the Risen Lord, on some particular aspects of our spiritual growth. It helps to restrain vices, cultivate virtues and to recall propositions made during meditation. It helps us to die to ourselves again and again, and to rise to a new life in Christ.*

LA: *I confess to Almighty God*

L: May Almighty God have mercy on us,
forgive us our sins and bring us to everlasting life.

A: Amen.

Or:

L: Have mercy on us, O Lord.

A: *For we have sinned against you.*

L: Show us, O Lord, your mercy.

A: *And grant us your salvation.*

Or:

L: You were sent to heal the contrite of heart: Lord, have mercy.

A: *Lord, have mercy.*

L: You came to call sinners: Christ, have mercy.

A: *Christ, have mercy.*

L: You are seated at the right hand of the Father to intercede for us: Lord, have mercy.

A: *Lord, have mercy.*

L: May almighty God have mercy on us,
forgive us our sins, and bring us to everlasting life.

A: Amen.

Or: *(Based on the writings of B. Jański)*

L: Lord, spare us sinners through the merits and Passion of Christ, your Son, our Savior.

A: *Lord, have mercy, forgive and provide us the strength to improve.*

L: God, revive us with your love and support us with the graces needed for our complete rebirth.

A: *Lord, have mercy, forgive and provide us the strength to improve.*

L: Lord, have mercy on us, inspire us by your Holy Spirit, the Spirit of humility, patience and zeal.

A: *Lord, have mercy, forgive and provide us the strength to improve.*

L: God our Father, through your infinite goodness and through the most sacred passion of your Son, forgive us our sins and strengthen us by your grace on the way to resurrection and glory.

A: Amen.

Or:

L: God most merciful, my only refuge.

A: *Lord, have mercy, forgive and provide us the strength to improve.*

L: Lord God, almighty and infinite in your goodness, you are my entire hope.

A: *Lord, have mercy, forgive and provide us the strength to improve.*

L: Lord God, Father of mercy, you are my only and eternal love.

A: *Lord, have mercy, forgive and provide us the strength to improve.*

L: Grant, O merciful God, for your glory and our eternal good, that by Your forgiveness we may begin a new and truly Christian life, and persevere in it. Through Christ our Lord.

A: *Amen*

Or:

L: O God, infinite in mercy, through the Holy Blood and merits of Christ the Lord, through the intercession of the Blessed Virgin Mary and of all the Saints, my holy patrons and protectors, through the prayers of my brothers in spirit and truth, and the prayers of all the holy souls, forgive me, grant contrition, repentance and absolution. Through Christ our Lord.

A: *Amen*

The Angelus

L: Together with the Holy Mother let us venerate the mystery of our salvation.

The Angel of the Lord

Regina Coeli (During Easter Time)

L: Mother with your Blessed Son,

A: Bless us each and every one.

Or: L: Nos cum prole pia,

A: Benedicat Virgo Maria.

BEFORE AND AFTER MEALS

Before meals

L: Bless the Lord.

A: Bless the Lord.

L: The eyes of all look to you,

A: And you give them their food at a due season.

You open your hand and satisfy,
The desire of every living thing.

LA: *Our Father*

L: Bless us, O Lord, and these your gifts, which we are about to receive from your goodness. Help us to bring bread and joy to those who do not have them. Through Christ our Lord. Amen.

(The reading from the Holy Gospel according to N.)

L: May the King of everlasting glory.

A: Make us partakers of the heavenly table. Amen.

After meals

(Short reading: Life of Saints or The Imitation of Christ)

L: May all your works confess you, Lord.

A: And may Your saints bless you.

All rise.

LA: *Glory be*

L: We give you thanks, almighty God, for all your benefits: Who live and reign for ever and ever. Amen.

L: Magnify the Lord with me.

A: And let us exalt his name together.

L: Let the name of the Lord be blessed.

A: From now and forevermore.

L: Lord, grant eternal life to all who do good to us in your name.

A: Amen.

L: Let us bless the Lord.

A: Thanks be to God.

MISERERE

In the Church or Chapel

Ant. Remember not, Lord, our offenses, nor the offenses of our forefathers, nor take your vengeance upon them.

Psalm 51:

Have mercy on me, O God,
according to your merciful love;
according to your great compassion,
blot out my transgressions.
O wash me completely from my guilt,
and cleanse me from my sin.

My transgressions, truly I know them;
my sin is always before me.
Against you, you alone, have I sinned;
what is evil in your sight I have done.
So you are just in your sentence,
without reproach in your judgment.

O see, in guilt I was born,
a sinner when my mother conceived me.
Yes, you delight in sincerity of heart;
in secret you teach me wisdom.
Cleanse me with hyssop, and I shall be pure;
wash me, and I shall be whiter than snow.

Let me hear rejoicing and gladness,
that the bones you have crushed may exult.
Turn away your face from my sins,
and blot out all my guilt.

Create a pure heart for me, O God;
renew a steadfast spirit within me.
Do not cast me away from your presence;
take not your holy spirit from me.

Restore in me the joy of your salvation;
sustain in me a willing spirit.

I will teach transgressors your ways,
that sinners may return to you.

Rescue me from bloodshed, O God, †
God of my salvation,
and then my tongue shall ring out your justice.

O Lord, open my lips
and my mouth shall proclaim your praise.

For in sacrifice you take no delight;
burnt offering from me would not please you.

My sacrifice to God, a broken spirit: †
a broken and humbled heart,
O God, you will not spurn.

In your good pleasure, show favor to Sion;
rebuild the walls of Jerusalem.

Then you will delight in right sacrifice, †
burnt offerings wholly consumed.
Then you will be offered young bulls on your altar.

Glory

Ant. Remember not, Lord, our offenses, nor the offenses of our
forefathers, nor take your vengeance upon them.

EUCCHARISTIC ADORATION

1. Initial Song (*about Eucharist*)

2. Prayer: Lord Jesus Christ, through the love which you have for man, you have chosen to remain with us day and night in this sacrament, full of mercy and love, expecting, inviting, and receiving all who come to visit you. I believe that you are present in the Sacrament of the Altar . From the abyss of my nothingness I adore you, and I thank you for all the favors which you have bestowed upon me, particularly for having given me yourself in this sacrament, for having given me your most holy mother Mary for my advocate, and for having called me to visit you in this church. I salute your most loving heart in thanksgiving for this great gift and in compensation for all the injuries you have received from your enemies in this sacrament. I wish by this visit to adore you in all places in which you are least honored and most abandoned in this holy sacrament. My Jesus, I love you with my whole heart. I am sorry for having previously offended your infinite goodness. I resolve, with the aid of your grace, to never offend you again. I consecrate my whole being to you and give you my entire will, all my affections and desires, and all that I have. From this day forward, do with me what you will. I desire only your holy love, the gift of final perseverance, and the perfect accomplishment of your will. I pray for the souls in purgatory, particularly those who were most devoted to the Blessed Sacrament and to the Blessed Virgin Mary, and for all poor sinners. Finally, my dear Savior, I unite all my affections with the affections of your most loving heart, and offer these united affections to your eternal Father, entreating him to accept them in your name. Amen.
(*St. Alphonsus de Liguori*)

3. Song

4. Scriptural reading

5. Reflection

6. Privet adoration in silence

7. Song

8. Liturgy of the Hours (*Night Prayer*)

9. Eucharistic Hymn

C: You have given them bread from heaven (P. T. Alleluia)

A: Having all sweetness with it (P. T. Alleluia)

C: Let us pray: O God, who in this wonderful sacrament has left us a memorial of your passion, grant, we implore you, that we may so venerate the sacred mysteries of your Body and Blood as always to be conscious of the fruit of your redemption. You who live and reign, for ever and ever.

A: Amen.

10. The Divine Praises:

Blessed be God

Blessed be his holy name

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be his most Sacred Heart.

Blessed be his most Precious Blood.

Blessed be Jesus in the most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in his angels and in his saints.

11. Final Hymn

ROSARY OF THE BLESSED VIRGIN MARY

1. The Sing of the Cross.
2. *I believe in God*
3. *Our Father.*
4. For an increase in the virtues of faith, hope and charity:
5. *Hail Mary. x3*
6. *Glory.*

The Joyful Mysteries (Monday & Saturday)

1. The Annunciation (Lk 1:26-38)
2. The Visitation (Lk 1:39-45)
3. The Birth of Jesus (Lk 2:1-10)
4. The Presentation of Jesus in the Temple (Lk 2:22-32)
5. The Finding of Jesus in the Temple (Lk 2:41-50)

(After each decade:)

"O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to Heaven, especially those in most need of Your Mercy".

(Our Lady at Fatima, 13th July 1917)

The Sorrowful Mysteries (Tuesday & Friday)

1. The Agony of Jesus in the Garden (Mt 26:36-46)
2. The Scourging of Jesus at the pillar (Mt 27:24-26)
3. The Crowning with Thorns (Mt 27:27-31)
4. Jesus carries the Cross (Jn 19:18-27)
5. Jesus dies on the Cross (Mt 27:33-56)

The Glorious Mysteries

(Wednesday & Sunday)

1. The Resurrection of Jesus (Mt 28:1-15)
2. The Ascension of Jesus (Acts 1:9-11)
3. The Descent of the Holy Spirit (Act 2:1-11)
4. The Assumption of Mary into Heaven (1Thes 4:14)
5. The Crowning of Mary as the Queen of Heaven (Rev 12:1-6)

The Luminous Mysteries

The Mysteries of Light

(Thursday)

1. The Baptism of Jesus (Mt 3:1-17)
2. The Miracle at Cana (Jn 2:1-12)
3. The Proclamation of the Kingdom of God (Mk 1:14-15)
4. The Transfiguration (Lk 9:28-35)
5. The Institution of the Eucharist (Jn 13:1-15)

LA: *Hail Holy Queen*

L: Pray for us, O Holy Mother of God.

A: That we may be made worthy of the promises of Christ.

L: Let us pray: O God, whose only begotten Son, by His life, death and resurrection has purchased for us the rewards of eternal life, grant, we beseech You, that, while meditating upon these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain, and obtain what they promise. Through the same Christ, our Lord. Amen.

LITANY OF THE BLESSED VIRGIN MARY

Lord, have mercy on us.

Lord, have mercy on us.

Christ have mercy on us.

Christ have mercy on us.

Lord, have mercy on us.

Lord, have mercy on us

Christ, hear us.

Christ, graciously hear us.

God, the Father of heaven,

Have mercy on us

God, the Son, Redeemer of the World

Have mercy on us

God, the Holy Spirit,

Have mercy on us.

Holy Trinity, one God,

Have mercy on us.

Holy Mary, *Pray for us.*

Holy Mother of God,

Holy Virgin of virgins,

Mother of Christ,

Mother of divine grace,

Mother most pure,

Mother most chaste,

Mother inviolate,

Mother undefiled,

Mother most admirable,

Mother of good counsel,

Mother of our Creator,

Mother of our Savior,
Mother of the Church,
Virgin most prudent,
Virgin most venerable,
Virgin most renowned,
Virgin most powerful,
Virgin most merciful,
Virgin most faithful,
Mirror of justice,
Seat of wisdom
Cause of our joy,
Spiritual vessel,
Vessel of honor,
Singular vessel of devotion,
Mystical rose,
Tower of David,
Tower of ivory,
House of gold,
Ark of the covenant,
Gate of heaven,
Morning star,
Health of the sick,
Refuge of sinners,
Comforter of the afflicted,
Help of Christians,
Queen of Angels,
Queen of Patriarchs,
Queen of Prophets,
Queen of Apostles,
Queen of Martyrs,
Queen of Confessors,
Queen of Virgins,
Queen of all Saints,
Queen conceived without original sin,
Queen of the most Holy Rosary,

Queen assumed into Heaven,
Queen of all families,
Queen of peace.

Lamb of God, you take away the sins of the world: *Spare us, O Lord.*
Lamb of God, you take away the sins of the world: *Graciously hear us, O Lord.*
Lamb of God, you take away the sins of the world: *Have mercy on us.*

L: Pray for us, O holy Mother of God.

A: That we may be made worthy of the promises of Christ.

L: Let us pray: Grant, O Lord God, we beseech You, that we, your servants may rejoice in continual health of mind and body, and through the glorious intercession of Blessed Mary ever Virgin, be freed from present sorrow and enjoy eternal gladness. Through Christ our Lord. Amen.

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

PRECES LATINAE

In nomine Patris et Filii et Spiritus Sancti. Amen.

Pater noster, qui es in caelis, sanctificetur nomen tuum; adveniat regnum tuum; fiat voluntas tua, sicut in caelo et in terra. Panem nostrum quotidianum da nobis hodie, et dimitte nobis debita nostra, sicut et nos dimittimus debitoribus nostris; et ne nos inducas in tentationem, sed libera nos a malo. Amen.

Ave Maria, gratia plena, Dominus tecum; benedicta tu in mulieribus et benedictus fructus ventris tui, Iesus.

Sancta Maria, Mater Dei, ora pro nobis peccatoribus, nunc et in hora mortis nostrae. Amen.

Gloria Patri et Filio et Spiritui Sancto, sicut erat in principio, et nunc et semper, et in saecula saeculorum. Amen.

Credo in Deum Patrem omnipotentem, Creatorem caeli et terrae; et in Iesum Christum, Filium eius unicum, Dominum nostrum; qui conceptus est de Spiritu Sancto, natus ex Maria Virgine; passus sub Pontio Pilato, crucifixus, mortuus, et sepultus; descendit ad inferos; tertia die resurrexit a mortuis; ascendit ad caelos, sedet ad dexteram Dei Patris omnipotentis; inde venturus est iudicare vivos et mortuos. Credo in Spiritum Sanctum; sanctam Ecclesiam catholicam, sanctorum communionem; remissionem peccatorum; carnis resurrectionem; vitam aeternam. Amen.

Actus fidei

Domine Deus, firma fide credo et confiteor omnia et singula quae sancta Ecclesia Catholica proponit, quia tu, Deus, ea omnia revelasti, qui es aeterna veritas et sapientia quae nec fallere nec falli potest. In hac fide vivere et mori statuo. Amen.

Actus spei

Domine Deus, spero per gratiam tuam remissionem omnium peccatorum, et post hanc vitam aeternam felicitatem me esse

consecuturum: quia tu promisisti, qui es infinite potens, fidelis, benignus, et misericors. In hac spe vivere et mori statuo. Amen.

Actus caritatis

Domine Deus, amo te super omnia et proximum meum propter te, quia tu es summum, infinitum, et perfectissimum bonum, omni dilectione dignum. In hac caritate vivere et mori statuo. Amen.

Actus contritionis

Deus meus, ex toto corde paenitet me omnium meorum peccatorum, eaque detestor, quia peccando, non solum poenas a Te iuste statutas promeritus sum, sed praesertim quia offendi Te, summum bonum, ac dignum qui super omnia diligaris. Ideo firmiter propono, adiuvante gratia Tua, de cetero me non peccaturum peccandique occasiones proximas fugiturum. Amen.

Angele Dei, qui custos es mei, me, tibi commissum pietate superna, illumina, custodi, rege et gubernare. Amen.

Angelus Domini nuntiavit Mariae.

Et concepit de Spiritu Sancto.

Ave Maria

Ecce ancilla Domini.

Fiat mihi secundum verbum tuum.

Ave Maria

Et Verbum caro factum est.

Et habitavit in nobis.

Ave Maria

Ora pro nobis, sancta Dei génetrix.

Ut digni efficiámur promissionibus Christi.

Oremus: Gratiam tuam, quaesumus, Domine, mentibus nostris infunde; ut qui, Ángelo nuntiante, Christi Filii tui incarnationem cognovimus, per passionem eius et crucem, ad resurrectionis gloriam perducamur. Per eundem Christum Dominum nostrum. Amen.

Gloria Patri (3x)
Requiem aeternam

Nos cum prole pia.
Benedicat Virgo Maria.

Regina caeli, laetare, alleluia.
Quia quem meruisti portare, alleluia.
Resurrexit, sicut dixit, alleluia.
Ora pro nobis Deum, alleluia.

Gaude et laetare, Virgo Maria, alleluia.
Quia surrexit Dominus vere, alleluia.

Oremus: Deus qui per resurrectionem Filii tui, Domini nostri Iesu Christi, mundum laetificare dignatus es, praesta, quaesumus, ut per eius Genetricem Virginem Mariam, perpetuae capiamus gaudia vitae. Per Christum Dominum nostrum. Amen.

Gloria Patri (3x)
Requiem aeternam

Nos cum prole pia.
Benedicat Virgo Maria.

Requiem aeternam dona eis, Domine,
et lux perpetua luceat eis.
Requiescant in pace. Amen.

Sub Tuum praesidium confugimus, sancta Dei Genetrix, nostras deprecationes ne despicias in necessitatibus nostris, sed a periculis cunctis libera nos semper, Virgo gloriosa et benedicta. Domina nostra, Mediatrix nostra, Advocata nostra, Consolatrix nostra. Tuo Filio nos reconcilia, tuo Filio nos commenda, tuo Filio nos repraesenta!

Salve, Regina, mater misericordiae, vita, dulcedo et spes nostra, salve. Ad te clamamus, exules filii Hevae. Ad te suspiramus gementes et flentes in hac lacrimarum valle. Eia ergo, advocata nostra, illos tuos misericordes oculos ad nos

converte. Et Jesum, benedictum fructum ventris tui, nobis post hoc exilium ostende. O clemens, o pia, o dulcis Virgo Maria.

Tota pulchra es, María!

Tota pulchra es, María!

Et mácula originális non est in te!

Et mácula originális non est in te!

Tu glória Jerúsalem!

Tu laetítia Israel!

Tu honorificéntia pópuli nostri!

Tu advocáta peccatórum!

O Maria!

O Maria!

Virgo prudentíssima!

Mater clementíssima!

Ora pro nobis.

Intercéde pro nobis

ad Dóminum Iesum Christum.

Veni, Sancte Spiritus,

reple tuorum corda fidelium

et tui amoris in eis ignem accende.

Emitte Spiritum tuum et creabuntur.

Et renovabis faciem terrae.

Oremus: Deus, qui corda fidelium Sancti Spiritus illustratione docuisti, da nobis in eodem Spiritu recta sapere et de eius semper consolatione gaudere. Per Christum Dominum nostrum. Amen.

Anima Christi, sanctifica me.

Corpus Christi, salva me.

Sanguis Christi, inebria me.

Aqua lateris Christi, lava me.

Passio Christi, conforta me.

O bone Iesu, exaudi me.

Intra tua vulnera absconde me.

Ne permittas me separari a te.

Ab hoste maligno defende me.
In hora mortis meae voca me.
Et iube me venire ad te,
Ut cum Sanctis tuis laudem te
in saecula saeculorum. Amen.

ROSARIUM BEATAE MARIAE VIRGINIS

Gaudii mysteria (*in feria secunda et sabbato*)

Primum mysterium: Annuntiatio Beatae Mariae Virginis et
Verbi incarnatio

Secundum mysterium: Visitatio Beatae Mariae Virginis

Tertium mysterium: Nativitatis Domini nostri Iesu Christi

Quartum mysterium: Presentatio Iesu in templo

Quintum mysterium: Inventio Iesu in templo

Luminosa mysteria (*in feria quinta*)

Primum mysterium: Baptisma Christi apud Iordanem

Secundum mysterium: Autorevelatio apud Canense
matrimonium

Tertium mysterium: Proclamatio Regni Dei cum
invitamento ad conversionem

Quartum mysterium: Transfiguratio in monte Tabor

Quintum mysterium: Institutio Eucharistiae

Doloris mysteria (*in feria tertia et feria sexta*)

Primum mysterium: Iesus in horto olivarum

Secundum mysterium: Iesus flagellatus

Tertium mysterium: Iesus spinis coronatus

Quartum mysterium: Iesus crucem portans

Quintum mysterium: Iesus in cruce moritur

Gloriae mysteria (*in feria quarta et Dominica*)

Primum mysterium: Resurrectio Domini nostri Iesu Christi

Secundum mysterium: Ascensio Domini nostri Iesu Christi

Tertium mysterium: Spiritus Sanctus in apostolos descendens

Quartum mysterium: Assumptio Beatae Mariae Virginis

Quintum mysterium: Maria Virgo in caelis coronata

Domine Iesu, dimitte nobis debita nostra, salva nos ab igne inferiori, perduc in caelum omnes animas, praesertim eas, quae misericordiae tuae maxime indigent.

BENEDICTIO MENSAE

Ante refectionem

Benedicite.

Benedicite.

Pater noster

Benedic, Domine, nos et haec tua dona quae de tua largitate sumus sumpturi. Per Christum Dominum nostrum. Amen.

In nomine Patris et Filii et Spiritus Sancti. Amen.

Post refectionem

Confiteantur tibi, Domine, omnia opera tua. Et sancti tui benedicant tibi.

Gloria Patri et Filio et Spiritui Sancto.

Agimus tibi gratias, omnipotens Deus, pro universis beneficiis tuis, qui vivis et regnas in saecula saeculorum. Amen.

Ad coenam vitae aeternae perduc nos,
Rex aeternae gloriae.

Who was Saint Cajetan?

St. Cajetan, (1480-1547) was born in Vicenza, Italy, of a noble family. He was the youngest of three sons. He studied Civil and Canon Law at the University of Padua and moved to Rome where he worked in the Tribunal of Pope Julian II. He assisted at the fifth Council of the Lateran. He was ordained a priest and became part of the “Company of Divine Love.” In 1518 he returned to Vicenza. After the death of his mother, he dedicated himself to the founding and directing of hospitals to treat the those suffering from sexually transmitted diseases in Vicenza, Verona, and Venice.

In 1524, with Juan Pedro Carafa, Bishop of Chieti, he founded the Clerics Regular (C.R.) who later would be called the Theatines. Tortured during the plunder of Rome in 1527, Cajetan later returned to Venice where for three years he directed the Religious Institute he had founded. In 1533, he transferred to Naples where he would die fourteen years later in 1547. It was in this city that he planted the yeast of reform that made him worthy of the devotion the Neapolitans have always awarded him. In 1629, Pope Urban VIII authorized public worship to Cajetan, and on April 2, 1671. Pope Clement X inscribed him in the Catalogue of Saints.

St. Cajetan is the “Heart of the Catholic reformation, the founder of the Clerics Regular (Theatines) and the Great Man and Great Saint” that Christians acclaim as “The Father of Providence” because he aids those who invoke him in their needs with great miracles.

St. Cajetan pray for us, that we may be worthy to obtain the promises of our Lord Jesus Christ.

O God, Father of all goodness, Who with wisdom and love, gave the earth to the work of human hands, so that from it we would receive our needed sustenance, causing us to contemplate your providence and greatness. Grant us, through the intercession of St. Cajetan, the assurance that you heed the requests of those who humbly pray ... and deliver us from all evil. We ask this through Jesus Christ Our Lord. Amen.

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Bogdan Jański

1807 -1840

Founder of the Congregation of the Resurrection



Peter Semenenko

1814 – 1886

Co-founder



Jeromę Kajsiewicz

1812 - 1873

Co-founder

